

Sri Chinmoy 10K Race

Battersea Park, London

17th July 2021

GREEN SPACE 10K



**SRI CHINMOY
MARATHON TEAM**



www.runandbecome.com

WINNERS						
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE
Men U/50						
1	Nick	Bowker	Clapham Chasers	Male	31:23	35
2	Edward	Chuck	Dulwich RC	Male	31:25	34
3	Nicholas	Torry	Serpentine Rc	Male	31:36	44
4	Chris	Mason	Ealing Southall & Middlesex AC	Male	31:51	37
5	Matthew	Sharp	hercules wimbledon ac	Male	32:26	42
6	Christopher	Greenwood	kent ac	Male	32:32	47
7	Sonny	MAUND	stragglers running club	Male	32:57	16
Women U/50						
1	Rose	Harvey	Clapham Chasers	Female	33:36	28
2	Josie Wren	Golder	Harriers	Female	37:08	17
3	Lisa	Rooney	collingwood ac	Female	37:57	42
4	Jennifer	Fernando		Female	37:58	30
5	Jemma	Day	London City Athletics Club	Female	38:52	36
6	Lily	Zechmann	VICTORIA PARK HARRIERS & TOWER	Female	39:21	31
7	Georgie	Furze	Woking AC	Female	39:29	34
Men Vet 50						
1	Jonathan	Ratcliffe	Herne Hill Harriers	Male	36:47	54
2	Martin	Carmack	serpentine running club	Male	36:47	51
3	Paul	Beale	London Heathside	Male	37:18	51
Women Vet 50						
1	Sarah	Swinhoe	London Heathside AC	Female	38:37	51
2	Anna	Critchlow	west 4 harriers	Female	39:39	53
3	emanuela	castelnuovo	Clapham Chasers RC	Female	42:39	53
Men Vet 60						
1	David	Ogden	South London harriers	Male	36:41	62
2	Gavin	Evans	London Heathside AC	Male	38:24	61
Women Vet 60						
1	Claire	Steward	dulwich runners ac	Female	52:10	69
Men Vet 70						
1	John	Quaintance	South London harriers	Male	48:57	72
Women Vet 70						
1	Marion	Rayner	West 4 Harriers	Female	54:16	71

ALL RESULTS BELOW

RESULTS								
RANK	NAME	SURNAME	CLUB	M F	TIME	AGE	CATEGORY	CAT. POS.
1	Nick	Bowker	Clapham Chasers	Male	31:23	35	M U/50	1
2	Edward	Chuck	Dulwich RC	Male	31:25	34	M U/50	2
3	Nicholas	Torry	Serpentine Rc	Male	31:36	44	M U/50	3
4	Chris	Mason	Ealing Southall & Middlesex AC	Male	31:51	37	M U/50	4
5	Matthew	Sharp	hercules wimbledon ac	Male	32:26	42	M U/50	5
6	Christopher	Greenwood	kent ac	Male	32:32	47	M U/50	6
7	Sonny	MAUND	stragglers running club	Male	32:57	16	M U/50	7
8	Tim	Lunnon	crawley ac	Male	33:04	35	M U/50	8

9	thomas	south	dulwich runners ac	Male	33:20	45	M U/50	9
10	JW	Houlton	Fulham Running Club	Male	33:21	27	M U/50	10
11	Andres	Chau	Highgate Harriers	Male	33:21	25	M U/50	11
12	Benjamin	Tolputt	Serpentine Rc	Male	33:28	31	M U/50	12
13	Mathew	Speed	London City Athletics Club	Male	33:35	30	M U/50	13
14	Rose	Harvey	Clapham Chasers	Female	33:36	28	W U/50	1
15	Stuart	Farmer	Fulham Running Club	Male	33:37	44	M U/50	14
16	Benjamin	Nicholson Hughes	Clapham Chasers	Male	33:50	37	M U/50	15
17	Rob	Foster	Datchet Dashers	Male	33:54	45	M U/50	16
18	Stuart	Rawlinson	Clapham Chasers	Male	34:02	40	M U/50	17
19	Fintan	Parkinson	blackheath & bromley harriers ac	Male	34:16	42	M U/50	18
20	Isaac	Leigh	Serpentine Rc	Male	34:18	28	M U/50	19
21	Gareth	Creagh	Thames Hare and Hounds	Male	34:24	44	M U/50	20
22	James	Gamble	Woking AC	Male	34:30	32	M U/50	21
23	Maximilian	Hirsch		Male	34:46	29	M U/50	22
24	Bryan	Maillardet	London City Athletics Club	Male	34:47	38	M U/50	23
25	Tom	Hollis	London Heathside	Male	34:48	36	M U/50	24
26	Sion	Lewis	London Heathside	Male	35:00	38	M U/50	25
27	Christopher	Tsantoulas	Serpentine	Male	35:07	41	M U/50	26
28	Mischa	Balen	London City Athletics Club	Male	35:24	34	M U/50	27
29	Oliver	Daniel	Belgrade Harriers	Male	35:28	25	M U/50	28
30	Ollie	Shortt	london city ac	Male	35:30	47	M U/50	29
31	Gavin	Jones	Monross Trailblazers	Male	35:43	29	M U/50	30
32	Tom	Luke	Clapham Chasers	Male	36:20	29	M U/50	31
33	David	Ogden	South London harriers	Male	36:41	62	M V60	1
34	Dominic	Holloway		Male	36:44	25	M U/50	32
35	Jamie	Regan	Clapham Chasers	Male	36:45	29	M U/50	33
36	Jonathan	Ratcliffe	Herne Hill Harriers	Male	36:47	54	M V50	1
37	Martin	Carmack	serpentine running club	Male	36:47	51	M V50	2
38	Eric	Dol	Herne Hill Harriers	Male	36:48	32	M U/50	34
39	George	Ramsay	Hercules Wimbledon	Male	36:51	27	M U/50	35
40	Will	Taylor		Male	36:51	31	M U/50	36
41	Jim	Addison	Beckenham Running Club	Male	36:52	49	M U/50	37
42	James	Howlett	Eton Manor	Male	37:05	37	M U/50	38
43	Josie Wren	Golder	Harriers	Female	37:08	17	W U/50	2
44	Alastair	Low-Macrae	Clapham Chasers	Male	37:10	30	M U/50	39
45	Daniel	Holeyman	Ilford AC	Male	37:13	47	M U/50	40
46	Dariusz	Kabulski	Victoria Park & Tower Hamlets AC	Male	37:16	29	M U/50	41
47	Paul	Beale	London Heathside	Male	37:18	51	M V50	3
48	paul	sterland	Clapham Chasers	Male	37:19	49	M U/50	42
49	James	Kelly	na	Male	37:34	32	M U/50	43
50	David	Moyse		Male	37:40	19	M U/50	44
51	Dan	Gritton	Orion Harriers	Male	37:40	48	M U/50	45
52	Simon	Shaw	vegan runners UK	Male	37:55	49	M U/50	46
53	Son	Tran		Male	37:56	50	M V50	4
54	Lisa	Rooney	collingwood ac	Female	37:57	42	W U/50	3
55	jennifer	fernando		Female	37:58	30	W U/50	4
56	Matt	Collins	London Heathside	Male	37:59	45	M U/50	47
57	Martin	Belzunce	Dulwich runners	Male	38:09	38	M U/50	48
58	Tom	Gander		Male	38:11	29	M U/50	49
59	James	Caven		Male	38:14	30	M U/50	50
60	Gavin	Evans	London Heathside AC	Male	38:24	61	M V60	2
61	James	Gillanders	Serpentine Rc	Male	38:29	43	M U/50	51
62	Tom	Pocock		Male	38:30	39	M U/50	52
63	Sarah	Swinhoe	London Heathside AC	Female	38:37	51	W V50	1
64	Andy	Bowen	west 4 harriers	Male	38:45	56	M V50	5
65	Rendy	Prakoso	Mornington Chasers	Male	38:45	31	M U/50	53
66	Louis	Cowling	Clapham Chasers	Male	38:50	28	M U/50	54

67	Richard	Giles	kent ac	Male	38:52	43	M U/50	55
68	Jemma	Day	London City Athletics Club	Female	38:52	36	W U/50	5
69	simon	harris	Blackheath and Bromley Harriers	Male	38:54	48	M U/50	56
70	Andrew	Maillardet	London City Athletics Club	Male	39:11	45	M U/50	57
71	Chris	Beckmann		Male	39:16	41	M U/50	58
72	Lily	Zechmann	VICTORIA PARK HARRIERS & TOWE	Female	39:21	31	W U/50	6
73	Georgie	Furze	Woking AC	Female	39:29	34	W U/50	7
74	Joe	Farrington-Douglas	dulwich runners ac	Male	39:30	42	M U/50	59
75	Roy	Reeder	the stragglers running club	Male	39:32	55	M V50	6
76	Philip	Hogg	London Heathside	Male	39:34	51	M V50	7
77	Afzal	Memon		Male	39:36	45	M U/50	60
78	neil	rae	Ranelagh Harriers	Male	39:39	49	M U/50	61
79	Anna	Critchlow	west 4 harriers	Female	39:39	53	W V50	2
80	Lisa-Jane	Day	London City Athletics Club	Female	39:49	35	W U/50	8
81	Matt	Brand	Mornington Chasers	Male	39:51	34	M U/50	62
82	Myles	Preston	Mornington Chasers	Male	39:53	35	M U/50	63
83	Andrew	Han	Fulham Running Club	Male	39:54	41	M U/50	64
84	Tim	Kerr	King's College London Athletics and C	Male	39:59	31	M U/50	65
85	Matthew	Beard	London Heathside	Male	40:00	52	M V50	8
86	Erin	Gillingham		Female	40:00	29	W U/50	9
87	Sam	Wilson		Male	40:09	29	M U/50	67
88	Jonathan	Thomson	Mornington Chasers	Male	40:08	41	M U/50	66
89	Marcin	Bujar	Fulham Running Club	Male	40:14	33	M U/50	68
90	Nicola	Payne	Ealing, Southall & Middlesex AC	Female	40:19	29	W U/50	10
91	Rob	Shulman	London Heathside	Male	40:21	55	M V50	9
92	Eitan	Mor		Male	40:24	36	M U/50	69
93	David	Boot	west 4 harriers	Male	40:46	38	M U/50	70
94	Isobel	Rea	west 4 harriers	Female	40:48	45	W U/50	11
95	Colm	Porter	Croydon Harriers	Male	40:47	34	M U/50	71
96	Andrew	Davies	hercules wimbledon ac	Male	41:02	47	M U/50	72
97	Georgina	Parker	putney running club	Female	41:02	31	W U/50	12
98	Christopher	Cooper	dulwich runners ac	Male	41:08	45	M U/50	73
99	Liam	Moroney	Mornington Chasers	Male	41:13	25	M U/50	74
100	Christopher	Nunn	Dulwich runners	Male	41:20	47	M U/50	75
101	Edward	Simmons	Dulwich runners	Male	41:33	40	M U/50	76
102	thomas	cheetham	hercules wimbledon ac	Male	41:23	54	M V50	10
103	Matthieu	Komorowski		Male	41:33	38	M U/50	77
104	Alex	Bazin	Dulwich Runner AC	Male	41:36	40	M U/50	78
105	Trevor	Ingram	Fulham Running Club	Male	41:48	44	M U/50	79
106	simon	brotherson	Queens Park Harriers	Male	42:07	56	M V50	11
107	David	Cornock	Barnes Runners	Male	42:10	57	M V50	12
108	Thomas	Regan	Clapham Chasers	Male	42:13	26	M U/50	80
109	Jamie	Collyer		Male	42:18	33	M U/50	81
110	Amer	Ismail	Fulham Running Club	Male	42:19	38	M U/50	82
111	James	Moore	Croydon Harriers	Male	42:22	50	M V50	13
112	Shelley	Singh		Male	42:37	45	M U/50	83
113	Rebecca	Taylor	Mornington Chasers	Female	42:37	46	W U/50	13
114	emanuela	castelnuovo	Clapham Chasers RC	Female	42:39	53	W V50	3
115	Helen	Cooper	Clapham Chasers	Female	42:40	39	W U/50	14
116	Hugh	French	Dulwich runners	Male	42:46	45	M U/50	84
117	Georgia	Hanley	Thames Valley Harriers	Female	42:49	19	W U/50	15
118	Zara	Fyfe		Female	42:49	29	W U/50	16
119	Danielle	Smreczak	Mornington Chasers	Female	42:52	43	W U/50	17
120	David	Benyon	Dulwich Runner AC	Male	42:56	36	M U/50	85
121	Alexander	Luce	Belgrave Harriers	Male	43:15	56	M V50	14
122	Yvette	Dore	dulwich runners ac	Female	43:24	49	W U/50	18
123	Neil	Barnes		Male	43:27	45	M U/50	86
124	Andrea	Barber	kent ac	Female	43:28	52	W V50	4

125	Tom	Poynton	dulwich runners ac	Male	43:32	48	M U/50	87
126	ANDREW	ROBERTS	Serpentine Rc	Male	43:46	68	M V60	3
127	Clare	Norris	dulwich runners ac	Female	44:06	44	W U/50	19
128	Michelle	Lennon	Dulwich runners	Female	44:27	54	W V50	5
129	Chris	Darby		Male	44:36	25	M U/50	88
130	Johnny	Amos		Male	44:37	36	M U/50	89
131	Emma	Kelly	Dulwich Runner AC	Female	44:42	36	W U/50	20
132	Alexandra	Flack	Fulham Running Club	Female	44:49	46	W U/50	21
133	Hanna	Hoch		Female	45:06	27	W U/50	22
134	Aoife	Hegarty	Clapham Chasers	Female	45:08	37	W U/50	23
135	Nicola	Darby		Female	45:08	29	W U/50	24
136	Jordan	Greenwood	Fulham Running Club	Male	45:26	31	M U/50	90
137	Eilidh	Wagstaff	London Heathside AC	Female	45:33	30	W U/50	25
138	Carrlos	Johnson	N/A	Male	45:46	57	M V50	15
139	Annmarie	Seymour	Hercules Wimbledon	Female	46:38	48	W U/50	26
140	Duncan	Rimmer	Vets AC	Male	46:46	45	M U/50	91
141	Zoe	Greenwood		Female	46:51	30	W U/50	27
142	Yan	Li	Mornington Chasers	Male	46:56	51	M V50	16
143	Sean	Hill	Crystal Palace Fun Runners	Male	47:32	30	M U/50	92
144	Ellen	Butler	Fulham Running Club	Female	47:42	24	W U/50	28
145	CHELSEA JOAN	MULLANE	South London harriers	Female	47:56	49	W U/50	29
146	Martin	Pearce		Male	47:59	37	M U/50	93
147	Daniel	Comens	Sutton runners	Male	48:05	47	M U/50	94
148	wayne	palmer		Male	48:17	54	M V50	17
149	Lorna	John	Clapham Chasers RC	Female	48:24	42	W U/50	30
150	John	Quaintance	South London harriers	Male	48:57	72	M V70	1
151	Stuart	Coleman		Male	49:24	42	M U/50	95
152	Shun-Yin	Chan	Herne Hill Harriers	Female	49:48	47	W U/50	31
153	Nicholas	Warmingham		Male	49:56	41	M U/50	96
154	Chloe	Bazlen	Mornington Chasers	Female	50:02	24	W U/50	32
155	Natasha	Dzoma		Female	50:25	39	W U/50	33
156	juliann	Canty	Clapham Chasers	Female	50:26	39	W U/50	34
157	Kieran	Campbell		Female	52:03	32	W U/50	35
158	Jenny	Bomers	dulwich runners ac	Female	52:08	39	W U/50	36
159	Claire	Steward	dulwich runners ac	Female	52:10	69	W V60	1
160	Jennifer	Moore	Mornington Chasers	Female	52:15	31	W U/50	37
161	Louise	Malone		Female	52:20	41	W U/50	38
162	Peter	Skrandies		Male	52:31	52	M V50	18
163	Sunanda	Sarker-Bell	Croydon Harriers	Female	53:21	55	W V50	6
164	Marion	Rayner	west 4 harriers	Female	54:16	71	W V70	1
165	Jo	Greening	Clapham Chasers	Female	54:59	39	W U/50	39
166	Michele	Griffiths	Mornington Chasers	Female	55:28	56	W V50	7
167	Meeka	Craig		Female	55:47	30	W U/50	40
168	Sergiu	Lapuste		Male	55:47	32	M U/50	97
169	Rajwinder	Uppal		Female	55:55	34	W U/50	41
170	Ameet	Patel	dulwich runners ac	Male	56:24	57	M V50	19
171	elena	petrova		Female	58:19	37	W U/50	42
172	Meidi	Ongkodiputra		Female	58:23	32	W U/50	43
173	Nathan	Beers		Male	59:42	25	M U/50	98
174	Darren	Beers	Sutton runners	Female	59:42	50	W V50	8
175	Larina	Strelchenko		Female	01:01:40	30	W U/50	44
176	Gemma	Powell		Female	01:01:57	28	W U/50	45
177	Michael	Leigh	hercules wimbledon ac	Male	01:03:20	77	M V70	2
178	Mercedes	Said		Female	01:03:57	34	W U/50	46
179	Antoaneta	Racheva		Female	01:04:26	28	W U/50	47
180	Sarah	Charman		Female	01:04:50	34	W U/50	48
181	John	Grigg	Fulham Running Club	Male	01:07:31	67	M V60	4